

Sparkling Health Spa  
**Winter Warmers 2010**

**WINTER WARMER PACKAGES AND TREATMENTS**

Available 2 to 31 May and 11 July to 31 August 2010

Not available during World cup period

All winter packages include the use of the indoor heated pool, the Sun deck and the Steam room. Fruit juice, Tea or Coffee on arrival and a Hot Chocolate drink at the end of your treatments

**Feet First this winter with a**

**Warm Aroma Reflex treatment.**

Peppermint foot exfoliation to remove dead skin cells, followed by a combination of a reflex session and warm Rosemary oil Foot and hand massage.

1 hour R340

(Normal price R360.00)

**Warming Full body winter ritual**

Tantalising Muscalovine body scrub and relaxing hydro treatment followed by an aroma hot stone full body massage

2 ¼ hours R840.00

(Normal price R890.00)

**Winter Beauty Extravaganza**

Warm up in an Aroma Steam bath followed by a refreshing shower.

Hot stone full body and head massage.

Deep Moisturising Winter facial with hot stone facial massage.

Pamper Pedicure and a special anti-aging hand treatment.

Enjoy a cup of wholesome home made soup.

4 ½ Hours R1 230.00

(Normal Price R1300.00)

**Full Day Winter Pamper**

**Including Sparkling Spa slippers and Lunch**

Aroma steam bath.

Pinotage & lime salt glow

Hydrovine rich milk bath

Hot stone full body massage.

Relax on the deck with a glass of sherry before lunch is served.

Specialised Spa Pedicure with foot mask.

Rejuvenating Anti-Aging Facial.

Pamper Manicure.

6 Hours R1 740.00 (Normal Price R1 830.00)

**SPARKLING HEALTH SPA**

Lida Engels

Tel: (014) 535-0019

Fax: (014) 535-0115

E-Mail: [sparklingspa@mweb.co.za](mailto:sparklingspa@mweb.co.za)